RISK FACTOR

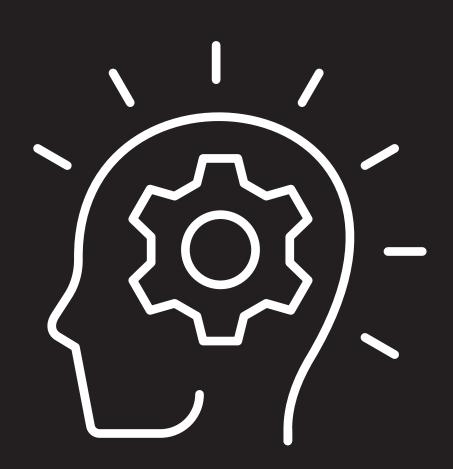
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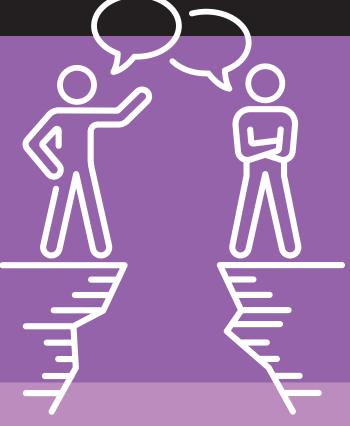
Click here to see survey data on our website



Youth are more likely to engage in risky behaviors (including substance use) when their friends engage in those behaviors – or when they perceive their friends engage in risky behaviors.

When teens think "everyone uses" they are more likely to use substances themselves.





2023 data reflect a persistent gap between perceived use and reported use among HS teens:

SUBSTANCE:	2023 Perceived Use	2023 Reported Use
Alcohol	82.1%	49.6%
Marijuana/THC	70.4%	21.3%
THC Edibles	65.8%	16.9%
Vaping	73.4%	12.8%
Rx Drugs	33.2%	1.4%

What can we do?

Parents/guardians and other caring adults can play a big role in closing the perception gap.

KNOW the facts.

Thank you for being here to learn more!

TALK early. Talk often.

Prevention isn't one big "60-minute" conversation, it's 60 "one-minute" conversations.

SHARE accurate information with youth.

We can push back on the "everyone uses" narrative.

The TRUTH:

MOST RYE YOUTH DON'T USE SUBSTANCES!

