



ALCOHOL



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There is reason to be hopeful...

SINCE 2014

- Since 2014, there has been a DECREASE in alcohol use across all grades
- In spite of concerning use rates, **MOST** Rye youth **DO NOT DRINK** in a typical month
- 8th grade alcohol use rates are 23% **LOWER** than peers nationally
- Binge-drinking rates among 7th & 8th graders have declined and are far below national rates
- Low use rates in 7th – 9th grade (compared to 2014) suggest **DELAYED** initiation/onset of use

Why does delayed onset of use matter?

“The earlier someone starts to use substances (including alcohol) the greater their chances of developing a substance use disorder (SUD), and the more severe their illness is likely to be.” (Sources: Addiction Policy Forum, National Institutes of Health)

Substance use disorder (SUD) is a pediatric-onset disease. 90% of adults with a SUD (addiction) started using substances before age 18

(Source: CASA Columbia)

And did you know?

Youth who drink alcohol are...

- 6X** more likely to use marijuana/THC
- 4X** more likely to use cigarettes (nicotine)
- 5X** more likely to use other illicit drugs

...compared to their peers who did not drink alcohol in the past month. * these rates were higher for those who reported binge drinking or heavy alcohol use.

(Source: DuPont, et al)

There is cause for concern...

While still far below 2014 numbers...

- 9th grade use rates increased by 58% from 2021 to 2023
- Alcohol use rates are on the rise for most grades (compared to 2021 data)
- 10th and 12th grade alcohol use substantially exceeds national use rates
- Binge drinking rates among HS youth rose (compared to 2021 data) and are significantly higher than peers nationally

GRADE	Rye 2014	Rye 2016	Rye 2018	Rye 2021	Rye 2023	MTF 2022 (Nat'l)
7	7.4%	0	1.6%	2.3%	3.7%	----
8	12.3%	7.7%	7.0%	4.4%	4.6%	6.0%
9	31%	23%	18.9%	11.5%	18.2%	----
10	53.2%	35.5%	43%	30.3%	33%	13.6%
11	75.7%	58%	59.3%	38.4%	35.9%	----
12	79.1%	71.7%	71.1%	53.4%	56.2%	28.4%

Past 30-Day Alcohol Use

Grade	2014	2016	2018	2021	2023	MTF 2022
7th-8th	3.9%	3.9%	1.6%	.5%	.3%	2.2%
9 th -10 th	25.3%	20.8%	23%	12.4%	17.4%	5.9%
11 th -12 th	56.5%	58.2%	52.7%	35.3%	43.4%	12.6%

What About Binge Drinking?

