



DID YOU KNOW?



2017 national data shows a dramatic increase in e-Cig use, with nearly 1 in 3 high school seniors reporting use.

2017 Use of e-Cigs/Vaping Nationally:

- 13.3% by 8th graders
- 23.9% by 10th graders
- 27.8% by 12th graders

NEW LAWS

In July 2017, New York state law explicitly banned e-Cigs and vapes on school grounds. As of November 2017, the law prohibited the use of e-Cigs and vaping devices in all public indoor spaces.

Rye Country Day School Policy: Smoking is prohibited in the buildings, on the grounds, or in the immediate vicinity of the School, including downtown Rye. Students are not permitted to smoke on school trips or at any school function including the Prom and Graduation, which are smoke-free events. Infractions will be met with serious disciplinary action. The same rule applies to cigarettes, cigars, chewing tobacco, and snuff.

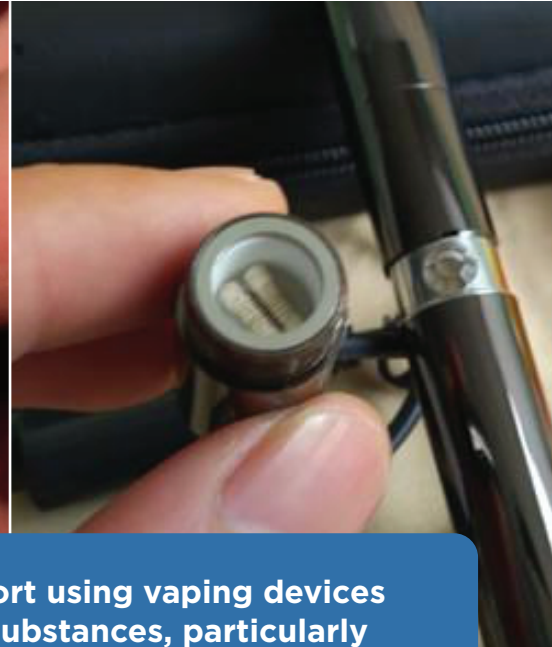


Vaping and use of e-Cigs among youth has **increased 900% from 2011-2015.**

E-Cigs generally contain nicotine, a highly addictive drug. Research suggests that nicotine use in adolescence primes the brain for addiction to other substances.



AND ALSO...



Youth report using vaping devices for other substances, particularly marijuana, THC, and hash oil. Use of marijuana and THC in adolescence is strongly correlated with the use of alcohol, nicotine, and other drugs, and with negative outcomes such as poor motivation, drop in IQ, and psychotic symptoms.

Many vaping products contain diacetyl, a chemical that has been **linked with a type of cancer called "Popcorn lung."**

The U.S. Surgeon General called out e-Cigs as an **"...emerging public health threat to the nation's youth..."**

E-Cig users are **5-15 times more likely to develop formaldehyde-related cancers** than traditional cigarette smokers.

According to a study published in the medical journal *Pediatrics*, **e-Cig users are as much as 6 times more likely to take up traditional smoking than non-users.**



SOURCES

- NIH/NIDA, Monitoring the Future 2017
- DuPont presentation, May 2017
- Hidden in Plain Sight for Parents, Student Assistance Services presentation, June 2017
- New England Journal of Medicine
- Pediatrics, Nov 2016
- Surgeon General's Report, Nov 2016
- RCDS Parent-Student Handbook